



# CARMEL SCHOOL, DHANBAD

Minority institution managed by the Apostolic Carmel Education Society of U.P/Bihar  
Affiliated to the Council for the Indian School Certificate Examinations, New Delhi  
School Code: JH008

Ref No.: CSD/PN/62/26

15.05.2026

Dear Parents and Guardians,

As the summer vacation begins, we encourage you to help your daughters make meaningful and refreshing use of their holidays through simple learning experiences at home.

**Kindly encourage them to:**

- Help in household chores and develop responsibility at home.
- Read **leisure books** daily for at least 20–30 minutes.
- Practise **curative handwriting every day**. Helpful YouTube videos are available for guidance.
- Learn basic cooking skills under proper supervision.
- Engage in **physical activities** such as yoga, Zumba, cycling, and outdoor games to promote fitness and well-being.
- Dedicate at least **one hour daily** to academic activities related to their class learning.
- Train in riding non-gear vehicles under the supervision of parents or responsible adults. **(for 15 years and above)**
- Learn basic needlework skills. **(for 13 years and above)**
- **Reduce screen time** as much as possible.

**Few guidelines for Parents:**

- Parents of children from **LKG to Std III** may consider taking them to the zoo so they can observe and learn about real animals.
- Spend quality family time together and ensure that meals are taken together and at the proper time.
- Most importantly, allow the **girls to relax, refresh, and enjoy their vacation**.

I sincerely thank all the parents for the support and cooperation extended during the past two years while I held the office of the Principal. I request you to continue the same encouragement and support for the new Principal as well.

Wishing you and your family a happy, safe, and refreshing Summer Vacation.

Thank you.

*M. Sylvie*  
15.5.2026

Sister M. Sylvie A.C

Principal

**Principal**

Carmel School, Dhanbad

*Thank you, God Bless  
you all!*